

ASIAN JUMP ROPE CHAMPIONSHIPS 2024

Competition Schedule

| Date | Estimate Time | Event | Category |
|-------------|----------------|------------------|---|
| 24th July | 09:30-10:30 | Opening Ceremony | Female, Male |
| | 11:45-14:00 | Lunch Time | |
| | 11:30-13:30 | SRSS | |
| | | SRSE | |
| | | SRTU | |
| | 14:00-18:15 | SRIF | |
| 18:30-19:30 | Award Ceremony | | |
| 25th July | 9:30-10:00 | SRSR | Kids (Female, Male, Mixed) Junior, Senior (Female, Male) |
| | 10:00-10:30 | SRDR | |
| | 10:30-11:00 | DDSR | Junior, Senior (Female, Male) |
| | 11:00-11:30 | DDSS | |
| | 11:45-14:00 | Lunch Time | |
| | 12:00-14:15 | SRPF | Kids (Female, Male, Mixed) Junior, Senior (Female, Male) |
| | 14:15-16:15 | SRTF | |
| | 16:15-17:30 | DDSF | Junior, Senior (Female, Male) |
| | 17:30-18:45 | DDPF | |
| | 19:00-20:00 | Award Ceremony | |
| 26th July | 9:30-10:00 | SRSR | Junior, Senior (Mixed) |
| | 10:00-10:30 | SRDR | |
| | 10:30-11:00 | DDSR | Kids (Female, Male, Mixed) Junior, Senior (Mixed) |
| | 11:00-11:30 | DDSS | |
| | 11:45-14:00 | Lunch Time | |
| | 12:00-12:45 | SRPF | Junior, Senior (Mixed) |
| | 12:45-13:30 | SRTF | |

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|-------------|-----------------------|--------------------------------------|--|
| | 13:30-14:45 | DDSF | Kids (Female, Male, Mixed) Junior, Senior (Mixed) |
| | 14:45-16:00 | DDPF | |
| | 16:00-16:30 | 8Jumper | |
| | | Figure 8 | |
| | 16:30-18:00 | WHPF | Kids, Junior, Senior (Female, Male, Mixed) |
| | 18:00-19:00 | Final 8Jumpers & Figure 8 | |
| | 19:15-20:15 | Award Ceremony | |
| 27th July | 10:00-11:30 | Final SRSS | Senior (Female, Male) |
| | | Final SRIF | |
| | 11:45-14:00 | Lunch Time | |
| | 13:00-17:30 | Final SRSR | Senior (Female, Male, Mixed) |
| | | Final DDSR | |
| | | Final SRPF | |
| | | Final DDSF | |
| | 17:30-19:30 | Team Show | |
| 19:30-20:00 | Award Ceremony | | |
| 28th July | | DDCW | |

- Time is subject to change according to the real situation. Please listen to the announcement on each day.